

# Leadership and Peak Performance Certificate

The Graduate Certificate in Leadership and Peak Performance focuses on the principles of effective leadership and the science of peak performance. Students will explore key leadership frameworks, performance psychology, and strategies for motivating teams and individuals to achieve excellence. The program emphasizes practical applications across diverse organizational settings.

Code	Title	Credits
<b>Leadership Course</b>		<b>3</b>
Choose one course:		
MGMT 730	Leading the Self	
EDUC 777	Seminar in the Neuroscience of Leadership	
EDUC 644	Strategic Leadership in Practice	
<b>Electives:</b>		<b>6</b>
Choose two courses:		
MGMT 730	Leading the Self	
or EDUC 777	Seminar in the Neuroscience of Leadership	
or EDUC 644	Strategic Leadership in Practice	
EDUC 619	Field Experience in Coaching	
MBA 706	Marketing: Creating Brand Value	
MKTG 745	Business and Marketing Strategy	
AT 601	Foundations of Athletic Training	
AT 620	Evaluation and Management of Acute/Emergent Conditions	
PSYCH 610	Counseling Microskills	
PSYCH 621	Theories of Sport, Exercise, and Performance Psychology	
NUT SCI 670	Advanced Nutrition for Sport and Fitness	
NUT SCI 750	Nutrient Metabolism Across the Lifespan	
NUT SCI 712	Culinary Medicine	
<b>Total Credits</b>		<b>9</b>

## Admission Requirements

The Office of Graduate Studies sets minimum standards for admission requirements to all graduate programs. Please consult this section of the catalog (<https://catalog.uwgb.edu/graduate/general-information/admissions/requirements/>) to review requirements for admission, including the official transcripts you must submit.

International students should consult the Office of Graduate Studies requirements for all international applicants in the front of the catalog (<https://catalog.uwgb.edu/general-information/admissions/international-applicants/>).

Note: Students who are already in the MS Management, the MS SEPP course-based track, or MS in Applied Leadership for Teaching & Learning degree program do not need to apply to this certificate. You may fill out a form, instead, Graduate Certificate Declare Form (<https://www.uwgb.edu/graduate/student-resources/forms/>).

## Progress to Completion

1. Candidate applies to this certificate program by submitting the appropriate materials.
2. Candidate is admitted to the certificate program by the UWGB Program Chair.
3. Student fulfills the program course requirements.
4. Students completing a graduate degree program at UWGB will have the certificate posted to their transcripts upon conferral of their graduate degree.

NOTE: Graduate students who are already admitted to a degree program who wish to be enrolled in a certificate aligned with the degree are able to submit a Graduate Certificate Declaration form (<https://www.uwgb.edu/graduate/student-resources/forms/>) in lieu of this admission process (steps 1 and 2 above).