

# Foundations of Health and Wellness Certificate

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This Foundations of Health and Wellness graduate certificate offers individuals from a variety of professional backgrounds the opportunity to study important health and well-being principles and practices. This certificate examines the many different aspects of health and provides the tools necessary to be able to find reliable health information. Students in this program will learn what it means to be an agent of change and how to apply evidence-based practices to effectively address the health needs of a population. This program is 100% online.

Code	Title	Credits
<b>Required Courses:</b>		
HWM 700	Contemporary Health and Wellness Perspectives	3
HWM 725	Evidence-based Practices in Health and Wellness	3
HWM 730	Holistic Aspects of Health	3
<b>Total Credits</b>		<b>9</b>

## Admission Requirements

- Bachelor's degree from a regionally accredited institution.
- 3.0 grade point average. Applicants with a GPA of less than 3.0 may be considered for provisional admission

### How to Apply as a Graduate Special Student (non-degree seeking):

Please send the following materials to the Office of Graduate Studies at [gradstu@uwgb.edu](mailto:gradstu@uwgb.edu) ([gradstu@uwgb.edu](mailto:gradstu@uwgb.edu)).

- UW System Application for Graduate Special Status: [apply.wisconsin.edu](https://apply.wisconsin.edu) (<https://apply.wisconsin.edu/homepage/>)
- Official transcript showing proof of a bachelor's degree sent to UWGB Admissions at [uwgb@uwgb.edu](mailto:uwgb@uwgb.edu) directly from the institution that issued the degree. Note: students who completed their bachelors at UWGB do not have to submit official transcripts.
- International students may also need to provide the following documentation:
  - A test of English proficiency (TOEFL, Duolingo, or IELTS)
  - Course-by-course transcript evaluation from a professional evaluation service currently recognized by NACES (<https://www.naces.org/>). UWGB recommends one of the following evaluation services:
    - Educational Credential Evaluators (ECE) (<https://www.ece.org/>)
    - World Education Services (WES) (<https://www.wes.org/>)

### How to Apply as a Current, UWGB Degree Seeking Graduate Student:

- Graduate Certificate Declare Form (<https://www.uwgb.edu/graduate/students/forms/>)

## Progress to Completion

1. Candidate applies to the Foundations of Health and Wellness Certificate program by submitting the appropriate materials.
2. Candidate is admitted to the Foundations of Health and Wellness Certificate program.
3. Student fulfills the program course requirements.
4. Students completing a graduate degree program at UWGB will have the certificate posted to their transcripts upon conferral of their graduate degree.
5. Students who are not completing a graduate degree may request certificate verification from the Office of Graduate Studies at [gradstu@uwgb.edu](mailto:gradstu@uwgb.edu).