

Human Biology Curriculum Guides

The following are curriculum guides for the four-year Human Biology degree program and is subject to change without notice. Students should consult a Human Biology program advisor to ensure that they have the most accurate and up-to-date information available about a particular four-year degree option.

- Human Biology Major with Exercise Science Emphasis Curriculum Guide
- Human Biology Major with Health Science Emphasis Curriculum Guide
- Human Biology Major with Nutritional Sciences / Dietetics Emphasis Curriculum Guide
- Human Biology Major with General Emphasis Curriculum Guide
- Human Biology Major with Cytotechnology Emphasis Curriculum Guide

Human Biology Major with Exercise Science Emphasis

An example: Four year plan for **Human Biology Major with Exercise Science Emphasis**

This is a representative plan. Check with your advisor to see that your plan meets the requirements for this emphasis.

120 credits necessary to graduate.

Course	Title	Credits
Freshman		
Fall		
BIOLOGY 201 & BIOLOGY 202	Principles of Biology: Cellular and Molecular Processes and Principles of Biology Lab: Cellular and Molecular Processes	4
CHEM 207	Laboratory Safety	1
CHEM 211 & CHEM 213	Principles of Chemistry I and Principles of Chemistry I Laboratory	5
MATH 104	Precalculus (if needed or First Year Seminar)	4
	Credits	14
Spring		
CHEM 212 & CHEM 214	Principles of Chemistry II and Principles of Chemistry II Laboratory	5
HUM BIOL 240	Anatomy and Physiology	4
HUM BIOL 241	Anatomy and Physiology Lab	1
MATH 260	Introductory Statistics	4
WF 105	Research and Rhetoric	3
	Credits	17
Sophomore		
Fall		
COMM 133 or ENGLISH 104	Fundamentals of Public Address (or Modern Language) or Introduction to Literature	3
HUM BIOL 351	Kinesiology	4
HUM BIOL 116	First Aid and Emergency Care Procedures	3
General Ed		3
General Ed		3
	Credits	16
Spring		
HUM BIOL 333	Principles of Sports Physiology	3
Modern Language (if using this for requirement) or General Ed		3
General Ed		3

General Ed		3
General Ed		3
Elective		3
Credits		18
Junior		
Fall		
BIOLOGY 303 or BIOLOGY 307 or HUM BIOL 310	Genetics or Cell Biology or Human Genetics	3
HUM BIOL 360 & HUM BIOL 361	Exercise Physiology and Human Physiology Lab - Exercise and Metabolism	4
Human Biology Upper Level Elective		3
General Ed		3
Elective		3
Credits		16
Spring		
HUM BIOL 210	Prevention and Treatment of Athletic Injuries	3
NUT SCI 300	Human Nutrition	3
General Ed		3
Elective		3
Elective		3
Credits		15
Senior		
Fall		
Human Biology Upper Level Elective		3
Human Biology Upper Level Lab		1-2
General Ed		3
General Ed		3
Elective		3
Credits		13-14
Spring		
Human Biology Upper Level Elective		3
Capstone		1-3
General Ed		3
Elective		3
Elective		3
Credits		13-15
Total Credits		122-125

Human Biology Major with Health Science Emphasis

An example: Four year plan for **Human Biology Major with Health Science Emphasis**

This is a representative plan. Check with your advisor to see that your plan meets the requirements for this emphasis.

120 credits necessary to graduate.

Course	Title	Credits
Freshman		
Fall		
BIOLOGY 201 & BIOLOGY 202	Principles of Biology: Cellular and Molecular Processes and Principles of Biology Lab: Cellular and Molecular Processes	4
CHEM 207	Laboratory Safety	1
CHEM 211 & CHEM 213	Principles of Chemistry I and Principles of Chemistry I Laboratory	5

MATH 104	Precalculus	4
Credits		14
Spring		
CHEM 212 & CHEM 214	Principles of Chemistry II and Principles of Chemistry II Laboratory	5
HUM BIOL 240	Anatomy and Physiology	4
HUM BIOL 241	Anatomy and Physiology Lab	1
MATH 260	Introductory Statistics	4
WF 105	Research and Rhetoric	3
Credits		17
Sophomore		
Fall		
BIOLOGY 323	Principles of Microbiology	3
BIOLOGY 324	Principles of Microbiology Laboratory	1
CHEM 302 & CHEM 304	Organic Chemistry I and Organic Chemistry Laboratory I	4
COMM 133 or ENGLISH 104	Fundamentals of Public Address (or Modern Language) or Introduction to Literature	3
General Ed		3
Credits		14
Spring		
BIOLOGY 303 or HUM BIOL 310	Genetics or Human Genetics	3
CHEM 303 & CHEM 305	Organic Chemistry II and Organic Chemistry Laboratory II	4
Modern Language (if using this for requirement) or General Ed		3
Elective		3
Credits		13
Junior		
Fall		
CHEM 330	Biochemistry	3
HUM BIOL 402	Human Physiology	3
PHYSICS 103	Fundamentals of Physics I	5
Human Biology Upper Level Lab		1-2
General Ed		3
Credits		15-16
Spring		
NUT SCI 300	Human Nutrition	3
PHYSICS 104	Fundamentals of Physics II	5
General Ed		3
Elective		3
Credits		14
Senior		
Fall		
Human Biology Upper Level Elective		3
Human Biology Upper Level Lab		1-2
General Ed		3
General Ed		3
Elective		3
Elective		3
Credits		16-17
Spring		
Human Biology Upper Level Elective		3
Capstone		1-3

General Ed	3
Elective	3
Elective	3
	Credits 13-15
	Total Credits 116-120

Human Biology Major with Nutritional Sciences / Dietetics Emphasis

An example: Four year plan for **Human Biology Major with Nutritional Sciences/Dietetics Emphasis**

This is a representative plan. Check with your advisor to see that your plan meets the requirements for this emphasis.

120 credits necessary to graduate.

Note: Students must have a grade of C or better in CHEM 211 and BIO 201 in order to declare their major in Nutritional Sciences/Dietetics Emphasis.

Course	Title	Credits
Freshman		
Fall		
BIOLOGY 201	Principles of Biology: Cellular and Molecular Processes	3
BIOLOGY 202	Principles of Biology Lab: Cellular and Molecular Processes	1
CHEM 211	Principles of Chemistry I	4
CHEM 213	Principles of Chemistry I Laboratory	1
MATH 104	Precalculus (if needed) or First Year Seminar	4
	Credits	13
Spring		
CHEM 212	Principles of Chemistry II	4
CHEM 214	Principles of Chemistry II Laboratory	1
HUM BIOL 240	Anatomy and Physiology	4
HUM BIOL 241	Anatomy and Physiology Lab	1
WF 105	Research and Rhetoric	3
General Ed		3
	Credits	16
Sophomore		
Fall		
COMM 133	Fundamentals of Public Address	3
MATH 260 or PSYCH 205	Introductory Statistics or Social Science Statistics	4
NUT SCI 300	Human Nutrition	3
General Ed		3
	Credits	13
Spring		
CHEM 300	Bio-Organic Chemistry	3
CHEM 301	Bio-Organic Chemistry Laboratory	1
NUT SCI 201	Survey of Nutrition Related Professions	1
NUT SCI 212	Science of Food Preparation	4
General Ed		3
General Ed		3
	Credits	15

Junior		
Fall		
CHEM 330 & CHEM 331 or NUT SCI 327	Biochemistry or Nutritional Biochemistry	4
HUM BIOL 360	Exercise Physiology	3
HUM BIOL 361	Human Physiology Lab - Exercise and Metabolism	1
NUT SCI 421	Community and Public Health Nutrition	4
General Ed		3
	Credits	15
Spring		
BIOLOGY 323	Principles of Microbiology	3
BIOLOGY 324	Principles of Microbiology Laboratory	1
NUT SCI 312	Quantity Food Production and Service	4
NUT SCI 350	Life Cycle Nutrition	3
NUT SCI 402	Management in Dietetic Practice	3
General Ed		3
	Credits	17
Senior		
Fall		
BIOLOGY 303 or HUM BIOL 310	Genetics or Human Genetics	3
NUT SCI 485	Medical Nutrition Therapy I: an Integrative and Functional Approach	3
NUT SCI 487	Nutritional Science Seminar	1
General Ed		3
General Ed		3
Elective		3
	Credits	16
Spring		
NUT SCI 427	Advanced Nutrition and Metabolism	3
NUT SCI 486	Medical Nutrition Therapy II	4
General Ed		3
Elective		3
Elective		3
	Credits	16
	Total Credits	121

Human Biology Major with General Emphasis

An example: Four year plan for **Human Biology Major with General Human Biology Emphasis**

This is a representative plan. Check with your advisor to see that your plan meets the requirements for this emphasis.

120 credits necessary to graduate.

Course	Title	Credits
Freshman		
Fall		
BIOLOGY 201 & BIOLOGY 202	Principles of Biology: Cellular and Molecular Processes and Principles of Biology Lab: Cellular and Molecular Processes	4
CHEM 207	Laboratory Safety	1

CHEM 211 & CHEM 213	Principles of Chemistry I and Principles of Chemistry I Laboratory	5
MATH 104	Precalculus (if needed or First Year Seminar)	4
Credits		14
Spring		
CHEM 212 & CHEM 214	Principles of Chemistry II and Principles of Chemistry II Laboratory	5
HUM BIOL 240	Anatomy and Physiology	4
HUM BIOL 241	Anatomy and Physiology Lab	1
MATH 260	Introductory Statistics	4
WF 105	Research and Rhetoric	3
Credits		17
Sophomore		
Fall		
BIOLOGY 303 or HUM BIOL 310	Genetics or Human Genetics	3
COMM 133 or ENGLISH 104	Fundamentals of Public Address (or Modern Language) or Introduction to Literature	3
General Ed		3
Elective		3
Credits		12
Spring		
NUT SCI 300	Human Nutrition	3
Human Biology Upper Level Elective		3
Modern Language (if using this for requirement) or General Ed		3
General Ed		3
Elective		3
Credits		15
Junior		
Fall		
BIOLOGY 307 & BIOLOGY 308	Cell Biology and Cell Biology Laboratory (or BIOLOGY 302)	4
Human Biology Upper Level Elective		3
Human Biology Upper Level Lab		1-2
General Ed		3
Elective		3
Credits		14-15
Spring		
HUM BIOL 360 & HUM BIOL 361	Exercise Physiology and Human Physiology Lab - Exercise and Metabolism (or HUM BIOL 402)	4
Human Biology Upper Level Elective		3
General Ed		3
Elective		3
Elective		3
Credits		16
Senior		
Fall		
Human Biology Upper Level Elective		3
Human Biology Upper Level Lab		1-2
General Ed		3
General Ed		3
Elective		3

Elective	3
Credits	16-17
Spring	
Human Biology Upper Level Elective	3
Human Biology Upper Level Lab	1-2
Capstone	1-3
General Ed	3
Elective	3
Elective	3
Credits	14-17
Total Credits	118-123

Human Biology Major with Cytotechnology Emphasis

An example: Four year plan for **Human Biology Major with Cytotechnology Emphasis**

This is a representative plan. Check with your advisor to see that your plan meets the requirements for this emphasis.

120 credits necessary to graduate.

Course	Title	Credits
Freshman		
Fall		
BIOLOGY 201 & BIOLOGY 202	Principles of Biology: Cellular and Molecular Processes and Principles of Biology Lab: Cellular and Molecular Processes	4
CHEM 207	Laboratory Safety	1
CHEM 211 & CHEM 213	Principles of Chemistry I and Principles of Chemistry I Laboratory	5
MATH 104	Precalculus (if needed or First Year Seminar)	4
WF 105	Research and Rhetoric	3
Credits		17
Spring		
CHEM 212 & CHEM 214	Principles of Chemistry II and Principles of Chemistry II Laboratory	5
HUM BIOL 240	Anatomy and Physiology	4
HUM BIOL 241	Anatomy and Physiology Lab	1
MATH 260	Introductory Statistics	4
General Ed		3
Credits		17
Sophomore		
Fall		
BIOLOGY 303 or HUM BIOL 310	Genetics or Human Genetics	3
ENGLISH 104	Introduction to Literature	3
General Ed		3
General Ed		3
Credits		12
Spring		
NUT SCI 300	Human Nutrition	3
General Ed		3
General Ed		3
General Ed		3
Elective		3
Credits		15
Junior		
Fall		
HUM BIOL 402	Human Physiology	3

Human Biology Upper Level Elective	3
General Ed	3
Elective	3
Elective	3
Credits	15
Spring	
Human Biology Upper Level Elective	3
General Ed	3
General Ed	3
Elective	3
Elective	3
Credits	15
Senior	
Fall	
Cytotechnology Internship	15
Credits	15
Spring	
Cytotechnology Internship	15
Credits	15
Total Credits	121